

# WHAT IS NALOXONE?

- Naloxone (Narcan®) is a drug that temporarily reverses the dangerous effects of an opioid overdose
- It works if a person has opioids in their body such as fentanyl, heroin, or prescription opioids
- Naloxone can be given every 2-3 minutes until the person breathes again
- A person cannot get high or become addicted to naloxone

**EFFECTIVE ONLY for 30 - 120 minutes**



Opioid overdose death is preventable. Take immediate A.C.T.I.O.N. Learn how to use naloxone and save a life.

## RESOURCES

### Michigan Opioid Addiction

- [michigan.gov/opioids](http://michigan.gov/opioids)

### Online Naloxone Training

- [overdoseACTION.org](http://overdoseACTION.org)

### Naloxone Information - Scan QR Code

- [michigan-open.org/naloxone/](http://michigan-open.org/naloxone/)

### SAMHSA National Helpline

Free, confidential, 24/7, 365 day-a-year treatment referral and information service for anyone facing mental or substance use disorders. 1-800-662-HELP (4357)



OPIOID SAFETY

## LEARN THE FACTS: NALOXONE



[Michigan-OPEN.org](http://Michigan-OPEN.org) | [medicqi.org](http://medicqi.org)

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Evidence. Resources. Engagement. MICHIGAN EMERGENCY DEPARTMENT IMPROVEMENT COLLABORATIVE

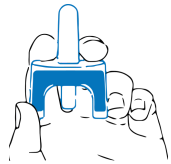
# INSTRUCTIONS FOR NALOXONE INTRANASAL SPRAY

1



Peel from  
packaging

2



Place the nozzle  
in the nose

3



Push on the  
plunger to spray

No test spray  
needed

## Do NOT delay calling 911

- Do not inject the person with anything
- Do not put the person in a bath or shower
- Do not give the person anything to drink
- Do not pour water over the person's face

Michigan law protects you from liability when giving naloxone and calling 911 for a person who is experiencing an overdose

## REDUCE HARM

- Do not mix opioids with other drugs especially benzodiazepines or anything that can make you sleepy
- Be aware of body tolerance changes
- Tell family/friends where you store naloxone and how to use it
- Go slow, never use drugs alone, carry naloxone

## REMEMBER TO TAKE A.C.T.I.O.N.

### AROUSE (3 S's):



- Shout the person's name
- Shake shoulders vigorously
- Sternal rub: rub breastbone with knuckles

### CHECK FOR SIGNS OF OVERDOSE:



- Slowed or no breathing
- Blue/gray lips or fingernails
- Deep snoring/gurgling noises
- Unresponsive to pain
- Pinpoint pupils



### TELEPHONE 911:

- Tell dispatch, "I think it's an overdose"



### INTRANASAL NALOXONE:

- Give naloxone

### OXYGEN:



- Do rescue breaths:
  - Head back
  - Pinch nose
  - Lift chin
  - 1 breath every 5 seconds
- OR CPR if you know how
- OR follow dispatch instructions



### NALOXONE AGAIN:



- Repeat naloxone every 2-3 minutes until the person starts to wake up
- If you must leave the person, or vomiting occurs, place them in recovery position (below)

Stay with the person  
until help arrives, if safe  
to do so

